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# **FFR and Multivessel CAD:** *Improve Patient Selection for CABG*

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# Disclosure Statement of Financial Interest

*Within the past 12 months, I or my spouse/partner have had a financial interest /arrangement or affiliation with the organization(s) listed below*

**Affiliation/Financial Relationship**

**Grant/ Research Support:**

**Consulting Fees/Honoraria:**

**Major Stock Shareholder/Equity Interest:**

**Royalty Income:**

**Ownership/Founder:**

**Salary:**

**Intellectual Property Rights:**

**Other Financial Benefit (stock options):**

**Company**

**Abbott, Medtronic, Acist, CathWorks,  
Edwards LifeSciences**

**Boston Scientific**

**HeartFlow**



# Using FFR to Decide PCI vs CABG

- Is “functionally complete” revascularization with deferral of CAD based on FFR as effective as anatomic complete revascularization?
- Does ischemia trump anatomy?



# Impact of SYNTAX Score on PCI

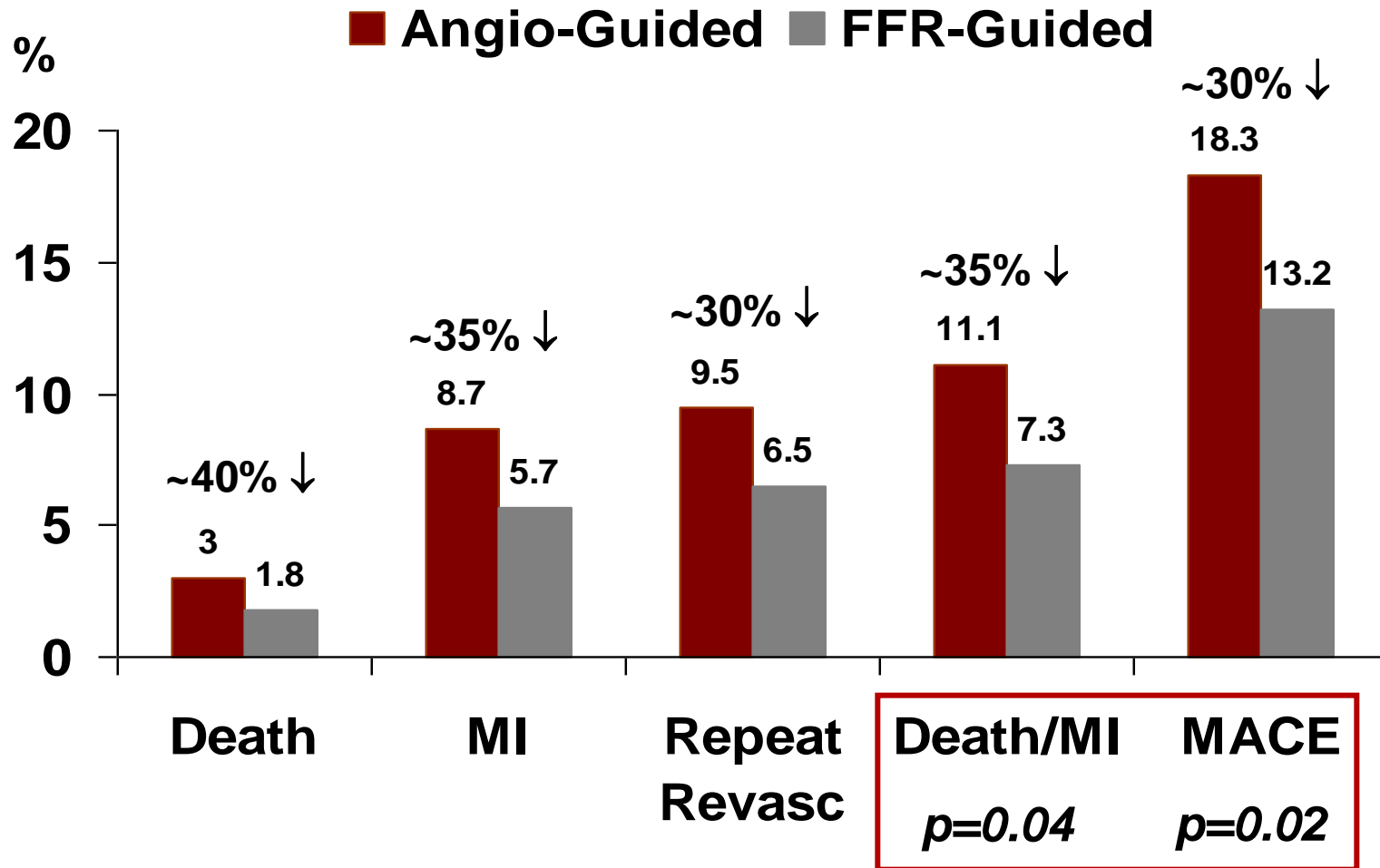
## US Appropriate Use Criteria for Coronary Revascularization

UPLM or complex CAD		
CABG and PCI	I—Heart Team approach recommended	C
CABG and PCI	IIa—Calculation of STS and SYNTAX scores	B
UPLM*		
CABG	I	B
PCI	IIa—For SIHD when <i>both</i> of the following are present: <ul style="list-style-type: none"> <li>■ Anatomic conditions associated with a low risk of PCI procedural complications and a high likelihood of good long-term outcome (e.g., a low SYNTAX score of <math>\leq 22</math>, <math>\leq 1</math> left main CAD)</li> <li>■ Clinical characteristics that predict a significantly increased risk of adverse surgical outcomes (e.g., STS-predicted risk of operative mortality <math>\geq 5\%</math>)</li> </ul>	B
	IIa—For UA/NSTEMI if not a CABG candidate	B
	IIa—For STEMI when distal coronary flow is TIMI flow grade $< 3$ and PCI can be performed more rapidly and safely than CABG	C
	IIb—For SIHD when <i>both</i> of the following are present: <ul style="list-style-type: none"> <li>■ Anatomic conditions associated with a low to intermediate risk of PCI procedural complications and an intermediate to high likelihood of good long-term outcome (e.g., low-intermediate SYNTAX score of <math>&lt; 33</math>, <math>\leq 1</math> left main CAD)</li> <li>■ Clinical characteristics that predict an increased risk of adverse surgical outcomes (e.g., moderate–severe COPD, disability from prior stroke, or prior cardiac surgery; STS-predicted operative mortality <math>&gt; 2\%</math>)</li> </ul>	B
	III: Harm—For SIHD in patients (versus performing CABG) with unfavorable anatomy for PCI and who are good candidates for CABG	B



# FAME 1: One Year Outcomes

1,005 patients with multivessel CAD randomized to FFR-guided vs angiography-guided PCI



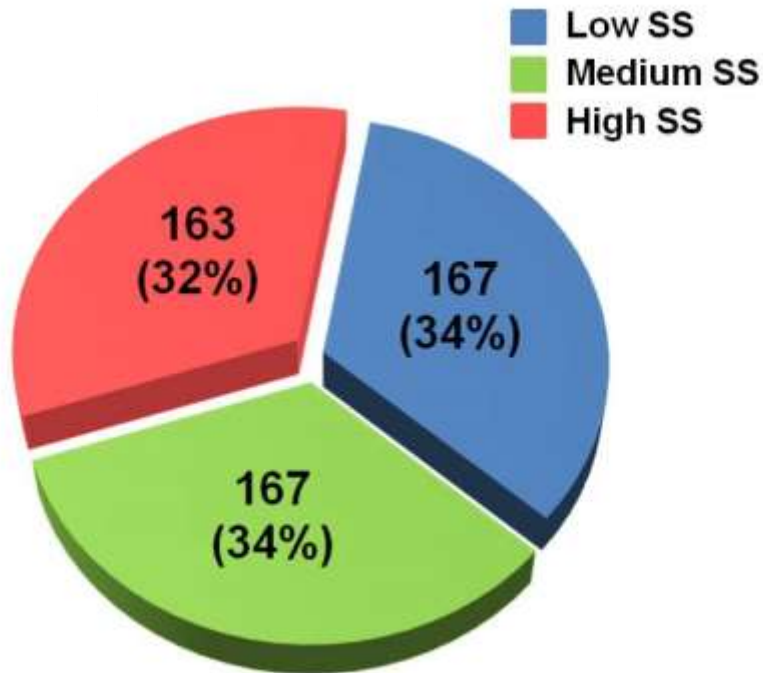
# Anatomic vs. Functional CAD

Patients with angiographically 3VD (N=115), proportions per number of diseased vessels after assessment by FFR

***Angiographic  
3 Vessel  
Disease***



# Functional SYNTAX Score (FSS)

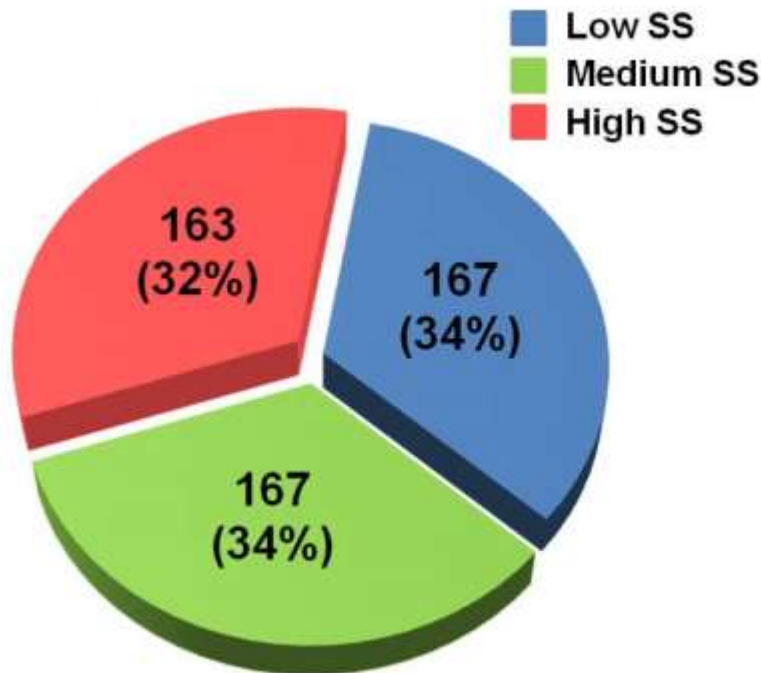


***Without FFR***

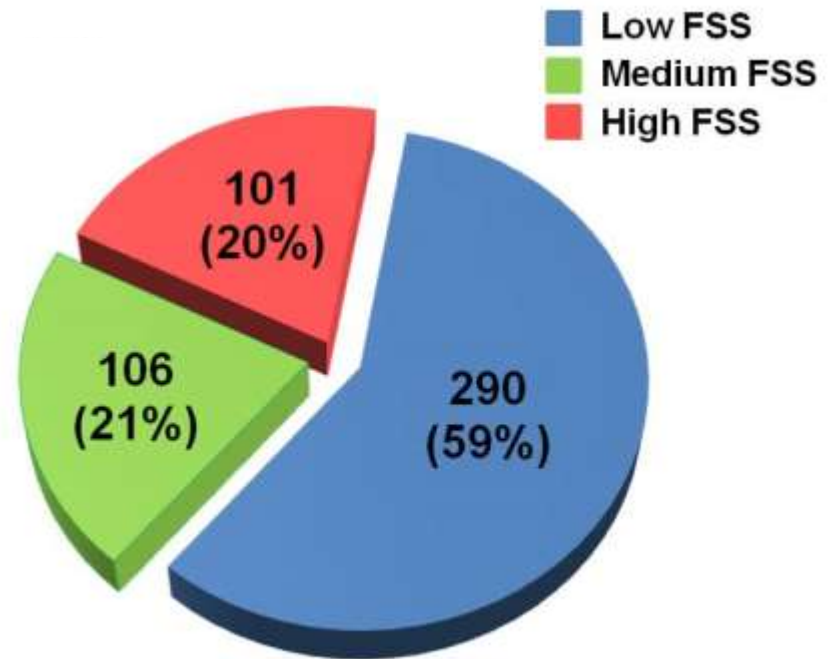


# Functional SYNTAX Score (FSS)

**Reclassifies > 30% of Cases**



***Without FFR***

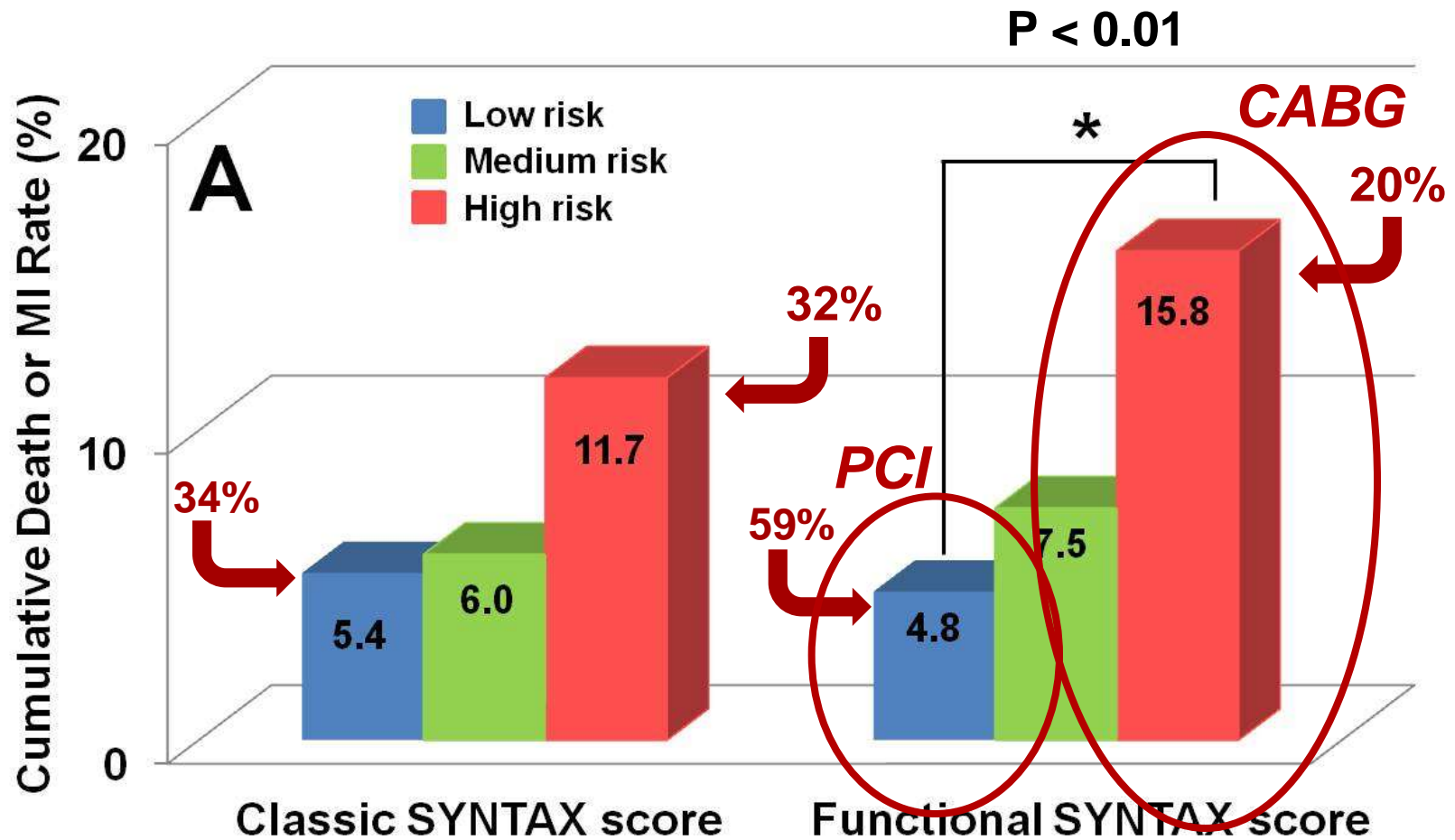


***With FFR***





# FSS Discriminates Risk for Death/MI



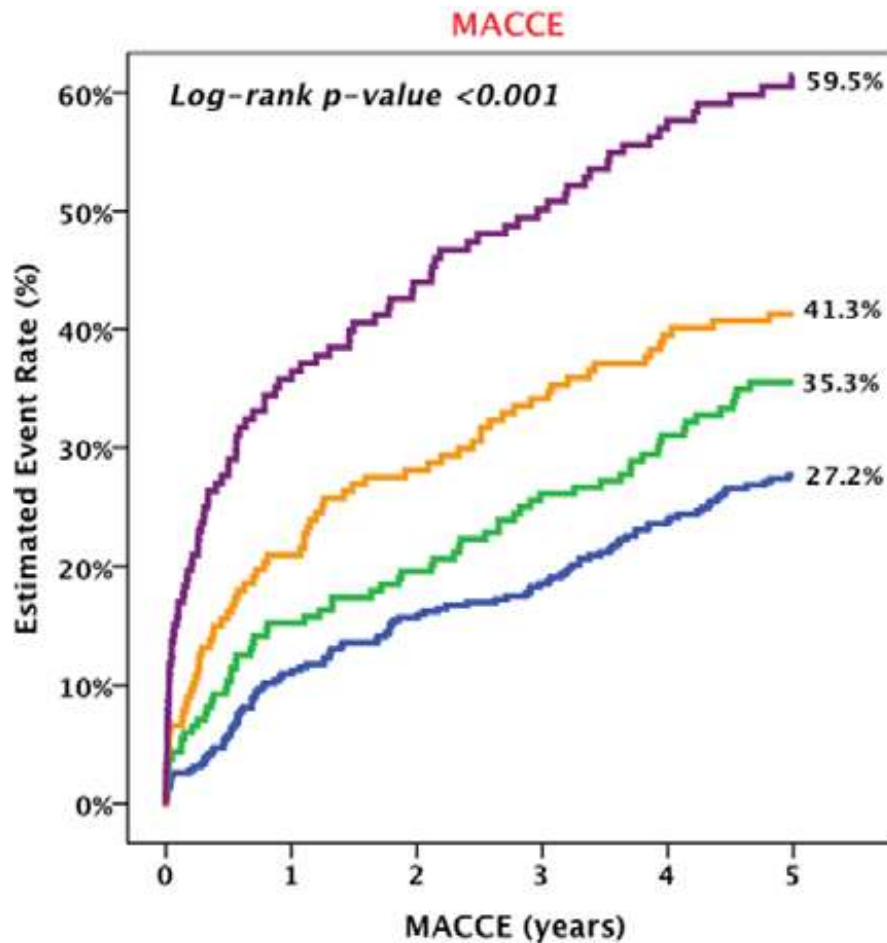
# Residual SYNTAX Score (RSS)

- Calculation of the SYNTAX score after revascularization.
- A reflection of the residual degree of atherosclerosis.
- After angiography-guided revascularization, the RSS predicts future MACE.



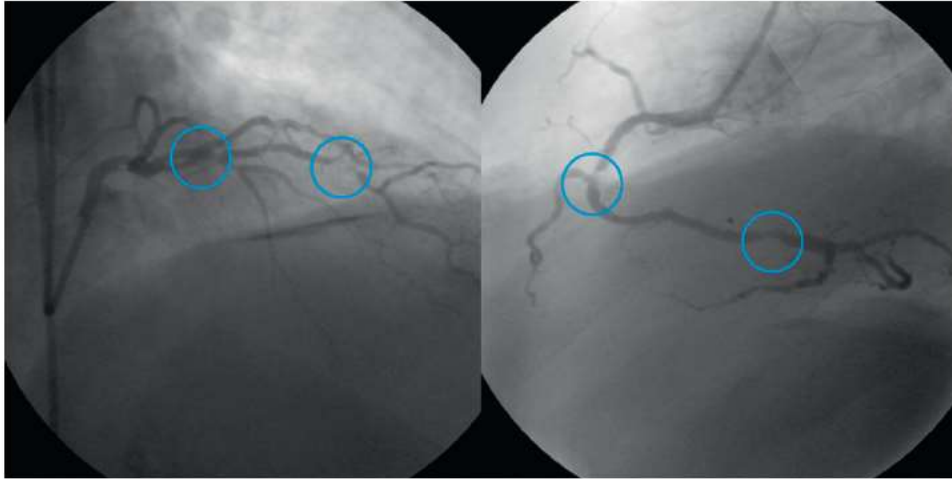
# RSS after Angio-guided PCI

*RSS was strongly correlated with outcome in the SYNTAX trial.*



# RSS after FFR-guided PCI

*Residual SYNTAX Score calculated after FFR-guided PCI in 427 patients in FAME 1*



## Case 1

**SYNTAX Score (SS) = 16**

**Functional SS = 16**

**Residual SS = 0**

## Case 2

**SYNTAX Score (SS) = 16**

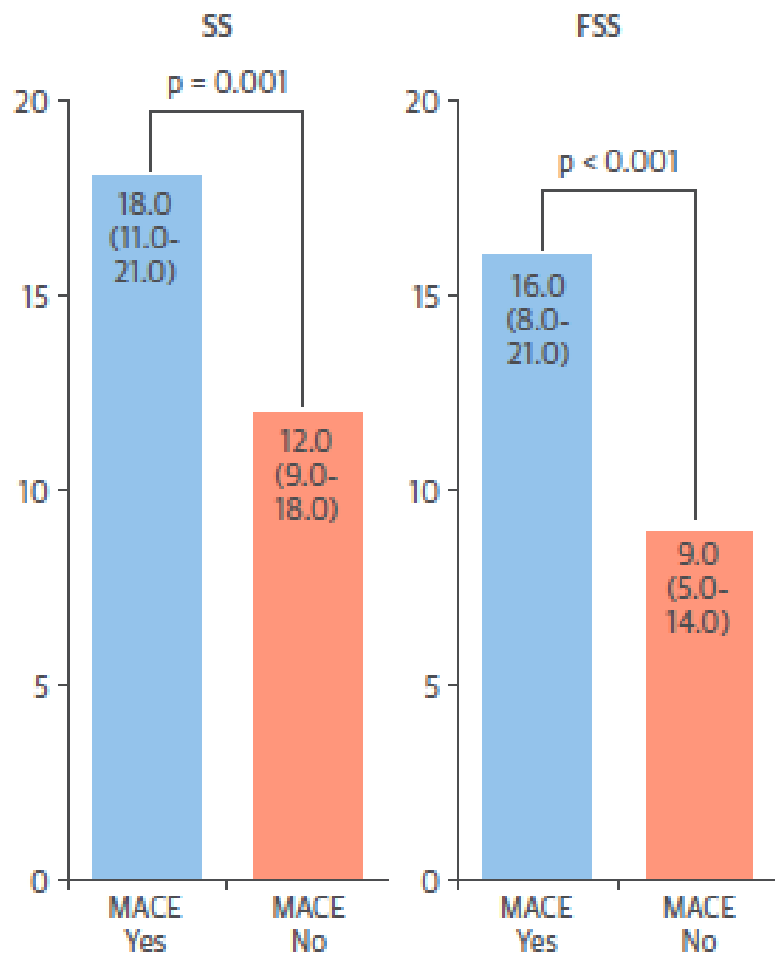
**Functional SS = 8**

**Residual SS = 8**



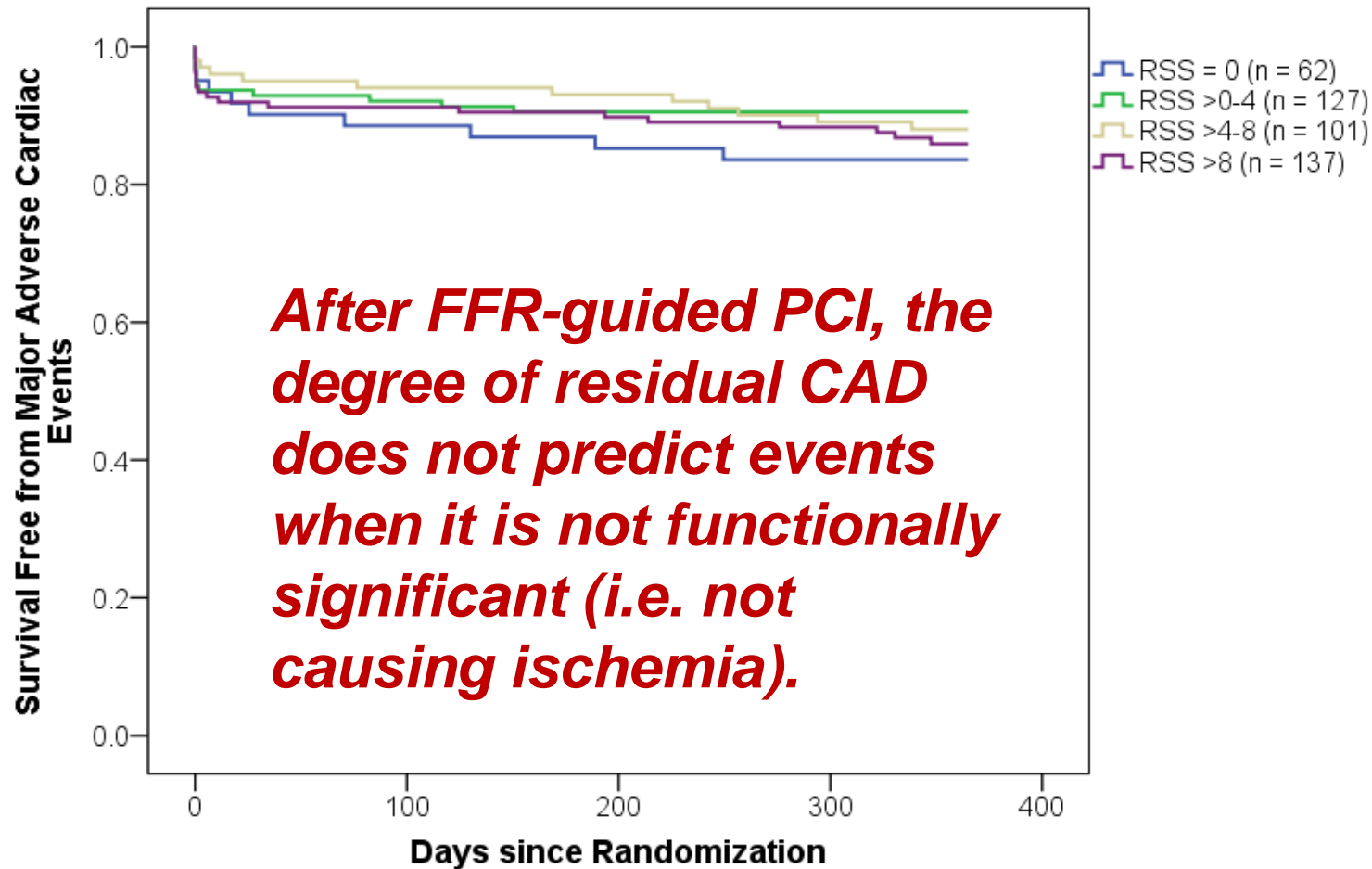
# RSS after FFR-guided PCI

*Residual SYNTAX Score calculated after FFR-guided PCI in 427 patients in FAME 1*



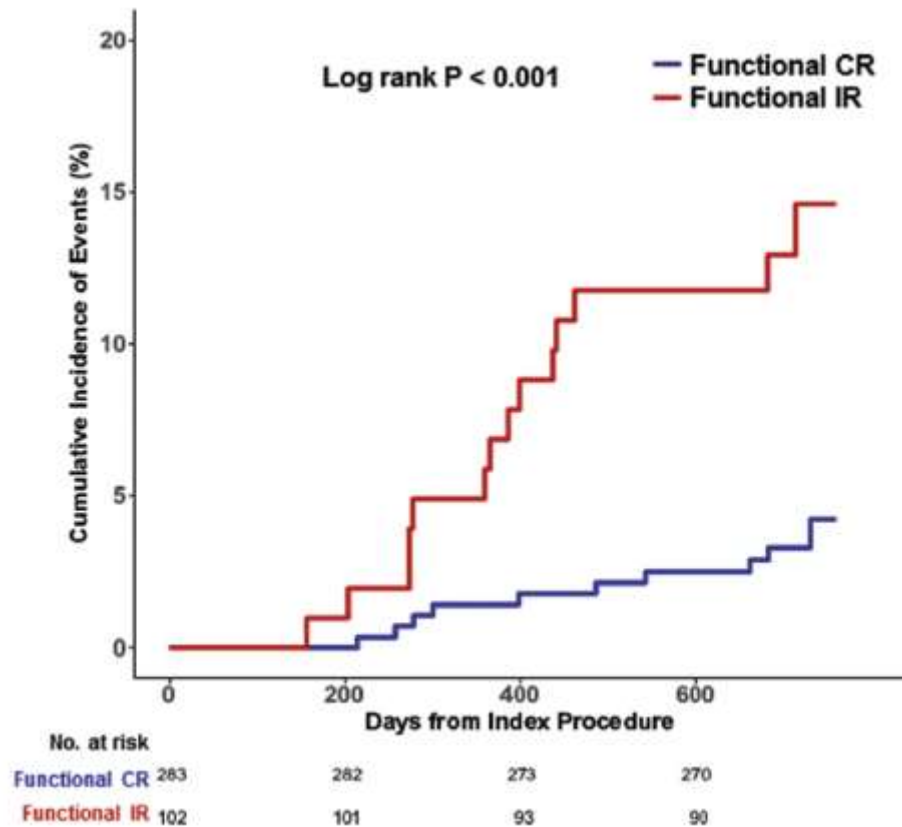
# RSS after FFR-guided PCI

*Residual SYNTAX Score calculated after FFR-guided PCI in 427 patients in FAME 1*



# Residual Functional SYNTAX Score

**385 patients underwent 3 vessel FFR and PCI. Functionally complete revascularization (residual functional SYNTAX score < 1) was compared with functionally incomplete revascularization (rFSS ≥ 1)**



# Residual Functional SYNTAX Score

*385 patients underwent 3 vessel FFR and PCI. Functionally complete revascularization (residual functional SYNTAX score < 1) was compared with functionally incomplete revascularization (fFSS ≥ 1)*

	Functional CR	Functional IR
Major adverse cardiac events*	10 (4.2)	14 (14.6)
Cardiac death or myocardial infarction	2 (0.8)	5 (6.2)
Cardiac death	0 (0)	1 (1.0)
All-cause death	4 (1.4)	1 (1.0)
Myocardial infarction	2 (0.8)	4 (5.2)
Ischemia-driven revascularization	10 (4.2)	13 (13.7)





# Residual Functional SYNTAX Score

*385 patients underwent 3 vessel FFR and PCI. Functionally complete revascularization (residual functional SYNTAX score<1) was compared with functionally incomplete revascularization (fFSS≥1)*

## Independent Predictors of MACE

### Model 1\*

Functional IR	4.17 (1.85-9.44)	<0.001
Acute coronary syndrome	1.37 (0.60-3.10)	0.452
Diabetes mellitus	0.79 (0.32-1.94)	0.600
Age (per year)	1.02 (0.97-1.06)	0.424

### Model 2†

rFSS (as a continuous value)	1.09 (1.02-1.18)	0.018
Acute coronary syndrome	1.40 (0.62-3.12)	0.413
Diabetes mellitus	0.83 (0.33-2.09)	0.697
Age (per year)	1.02 (0.97-1.06)	0.453



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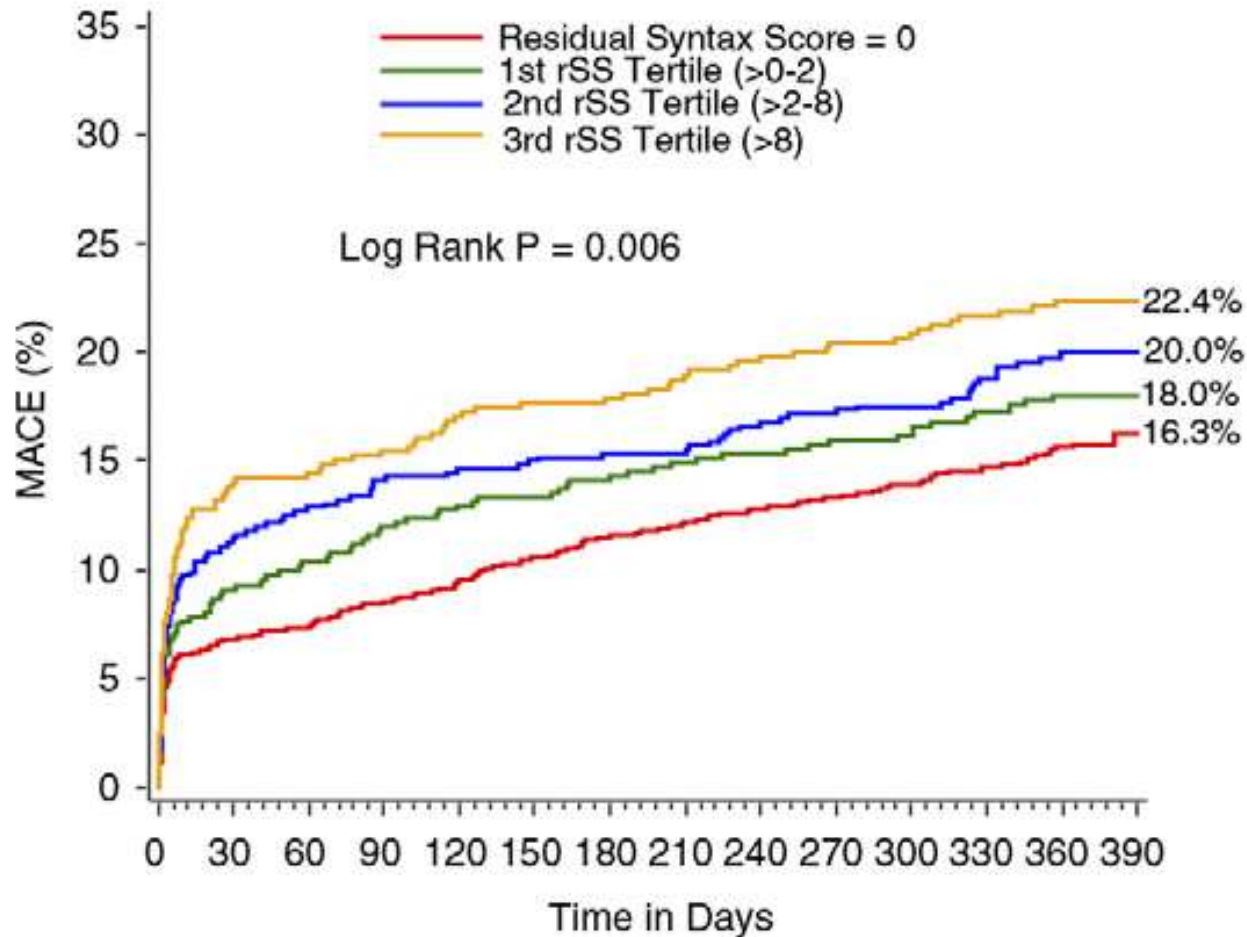
# What about in ACS?

*Are there non-culprit plaques which are biologically active and prone to rupture, even though they may not be functionally significant?*

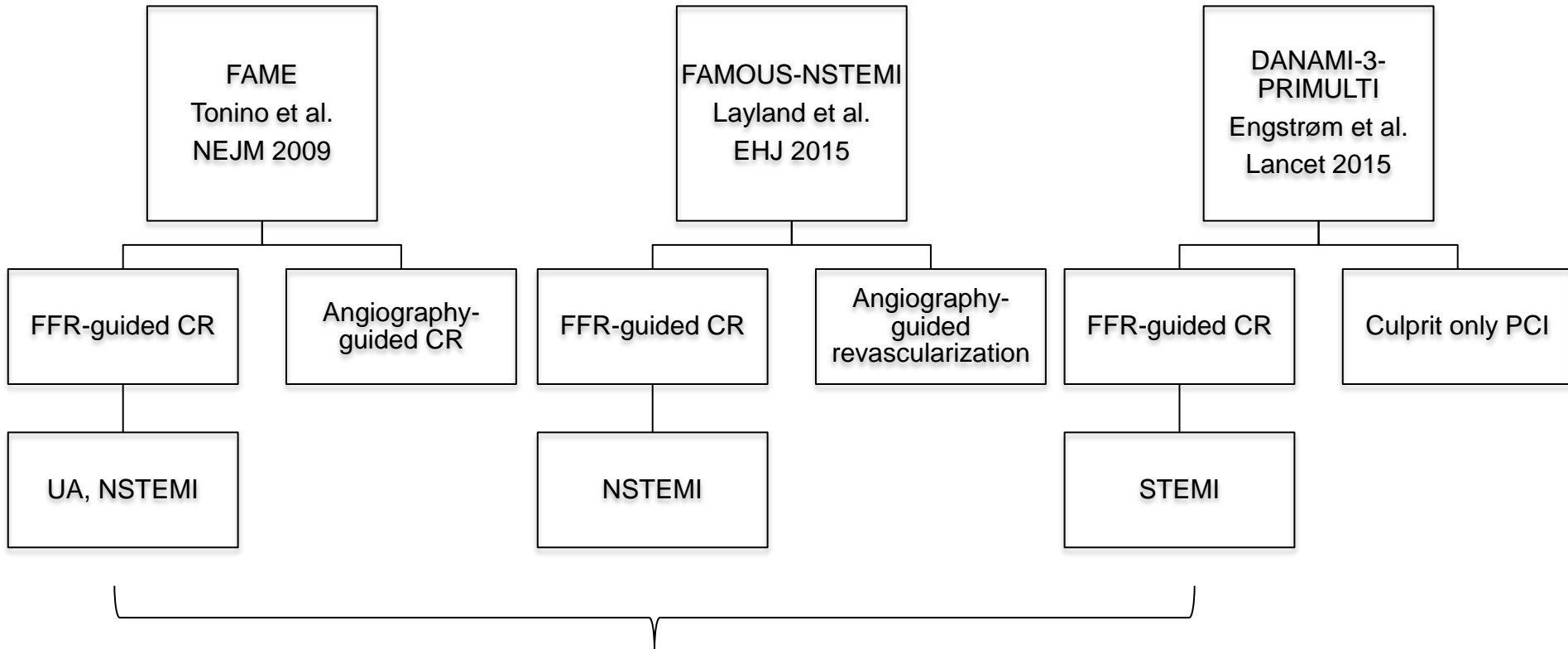


# Residual SYNTAX Score in ACS?

*Residual SYNTAX Score calculated in ACS patients undergoing angio-guided PCI*



# RSS after FFR-guided PCI in ACS



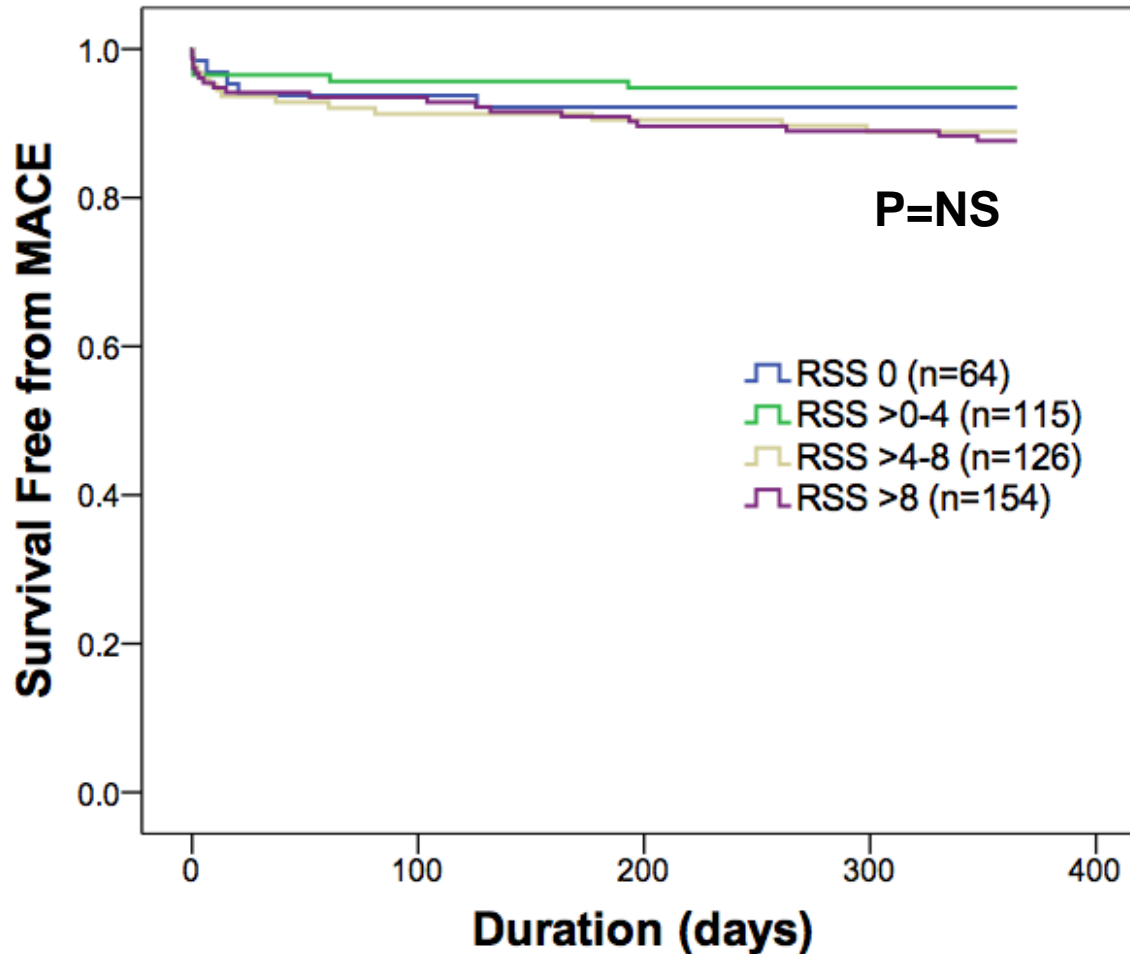
***A total of \*459 patients presenting with ACS who underwent “functionally” complete revascularization.***

\*Preliminary data. Final analyses will include higher number of patients.



# RSS after FFR-guided PCI in ACS

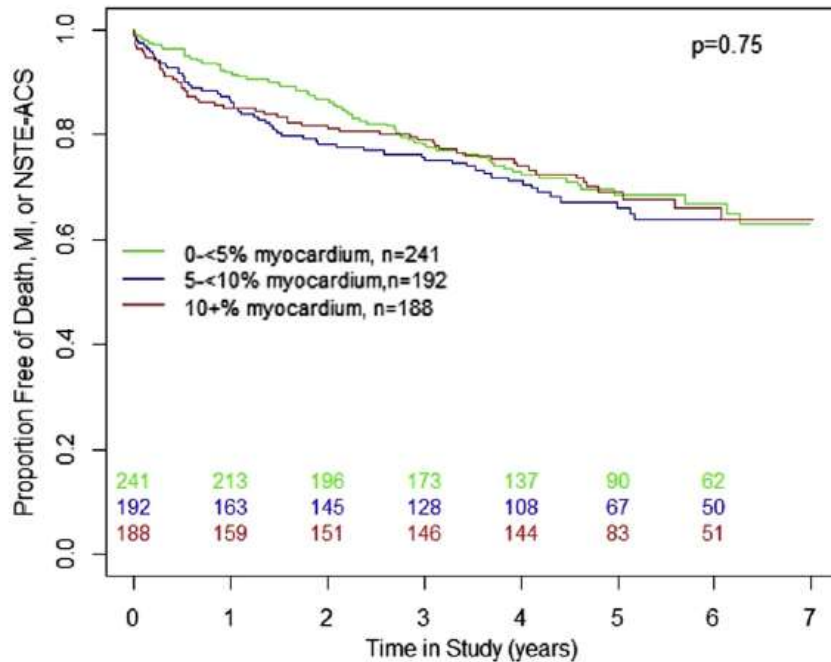
*After functionally complete revascularization, RSS was not predictive*



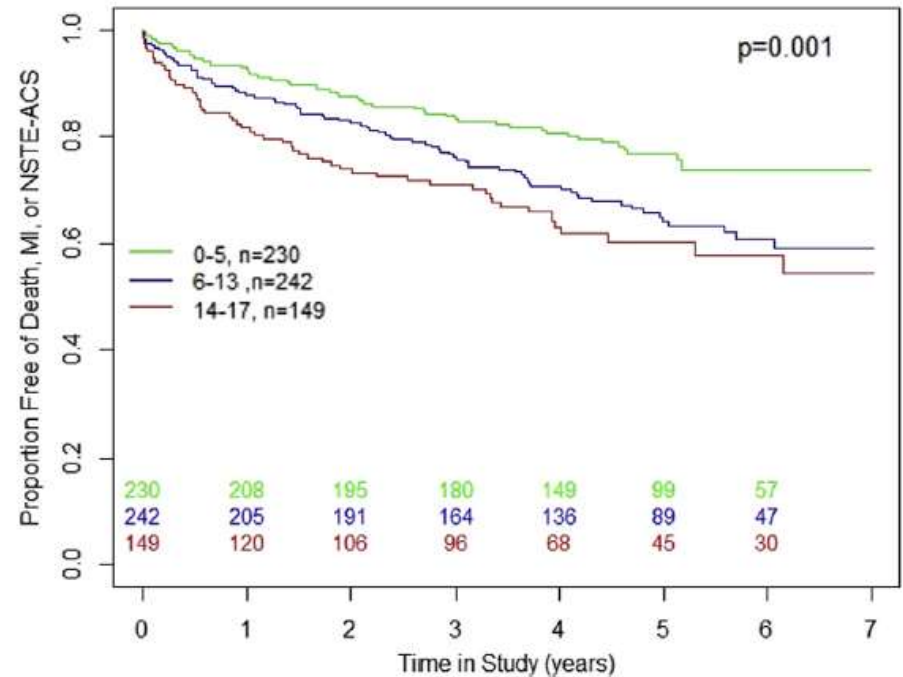
# Ischemic vs. Anatomic CAD Burden

**621 COURAGE patients with NPS and QCA prior to randomization**

### Degree of Ischemia



### Anatomic Burden of CAD



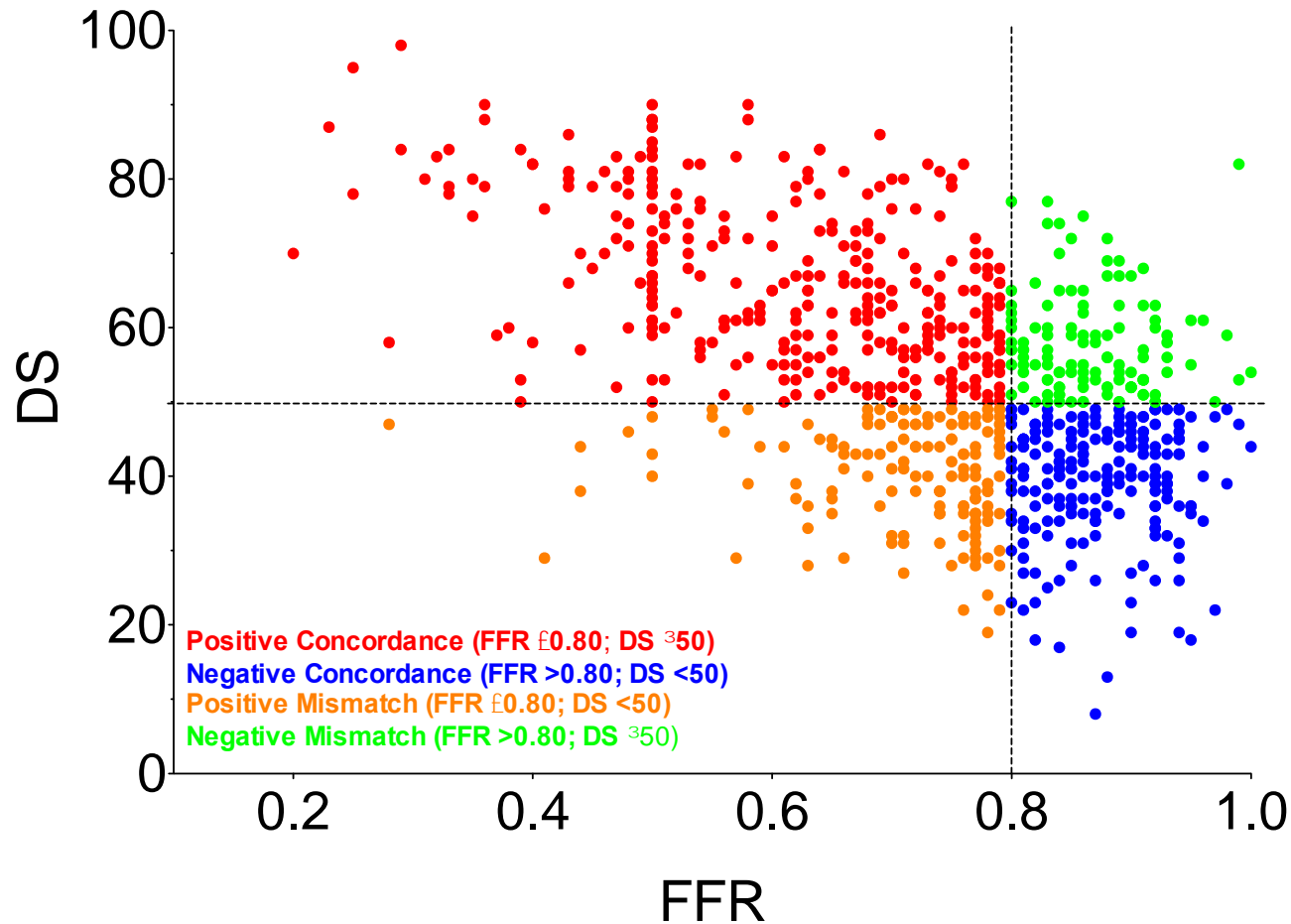
# Ischemic vs. Anatomic CAD Burden

- Major limitation of this study:
  - The degree of ischemia was assessed **before** the patient was treated with PCI or medical therapy.
  - What we really want to know is what is the degree of **residual** ischemia, because this is likely to be more predictive of outcomes than simply the burden of atherosclerosis.



# Ischemic vs. Anatomic CAD Burden

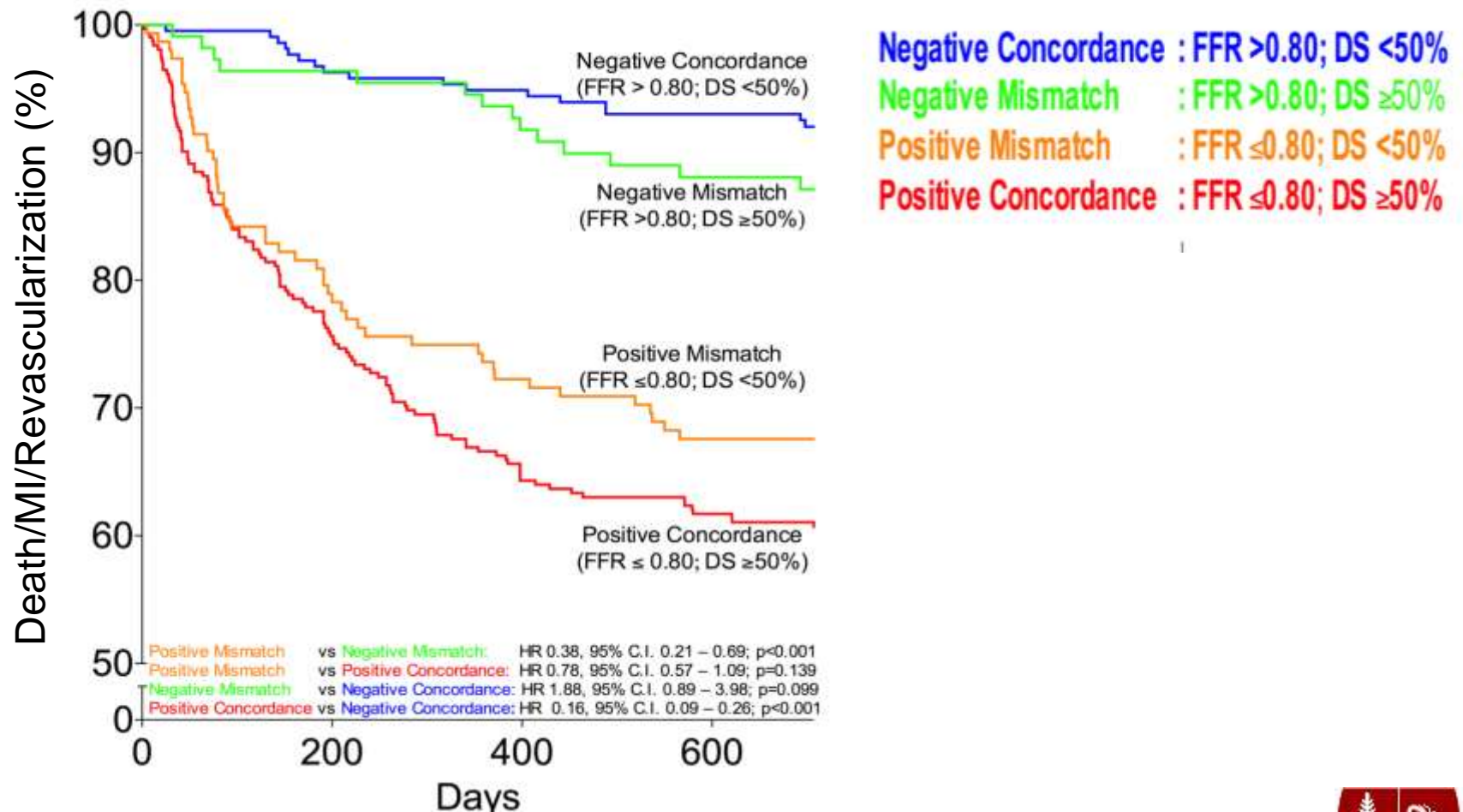
*1,029 lesions from 607 medically treated patients in FAME 2*





# Ischemic vs. Anatomic CAD Burden

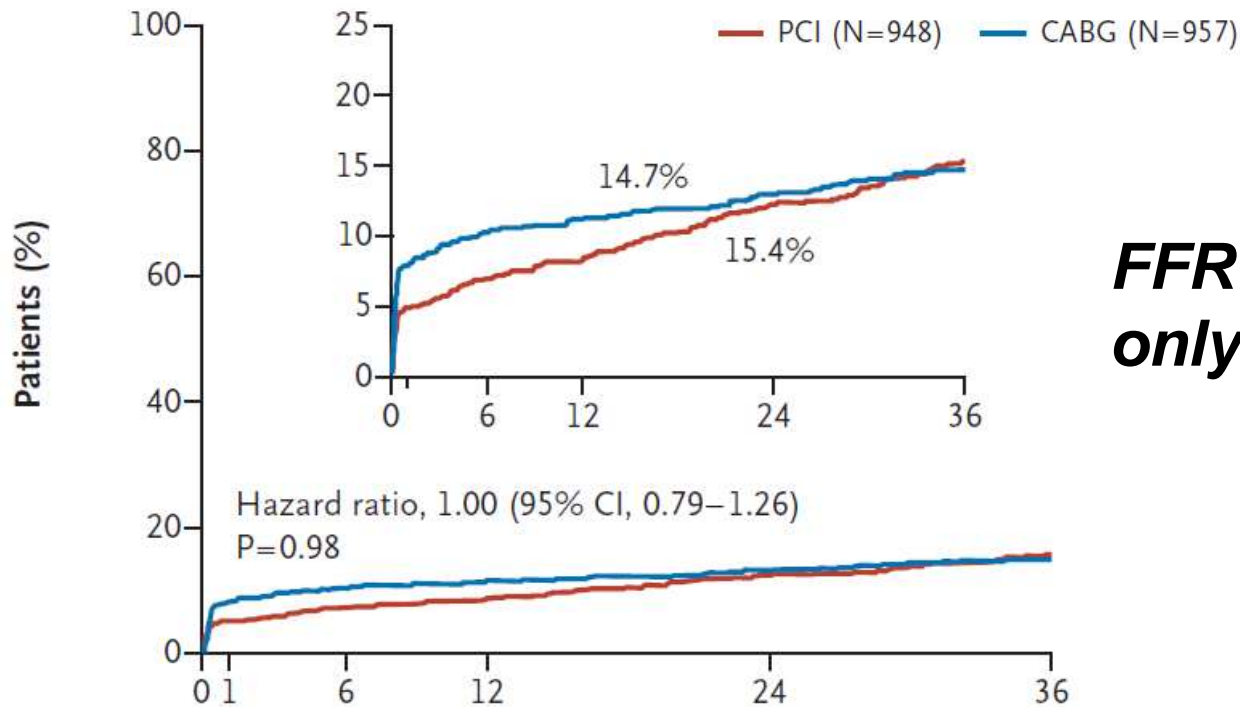
*1,029 lesions from 607 medically treated patients in FAME 2*



# PCI for Left Main Disease

**EXCEL Trial: 1,905 patients with left main disease and low to intermediate SYNTAX score randomized to PCI or to CABG**

Death, Stroke, or Myocardial Infarction



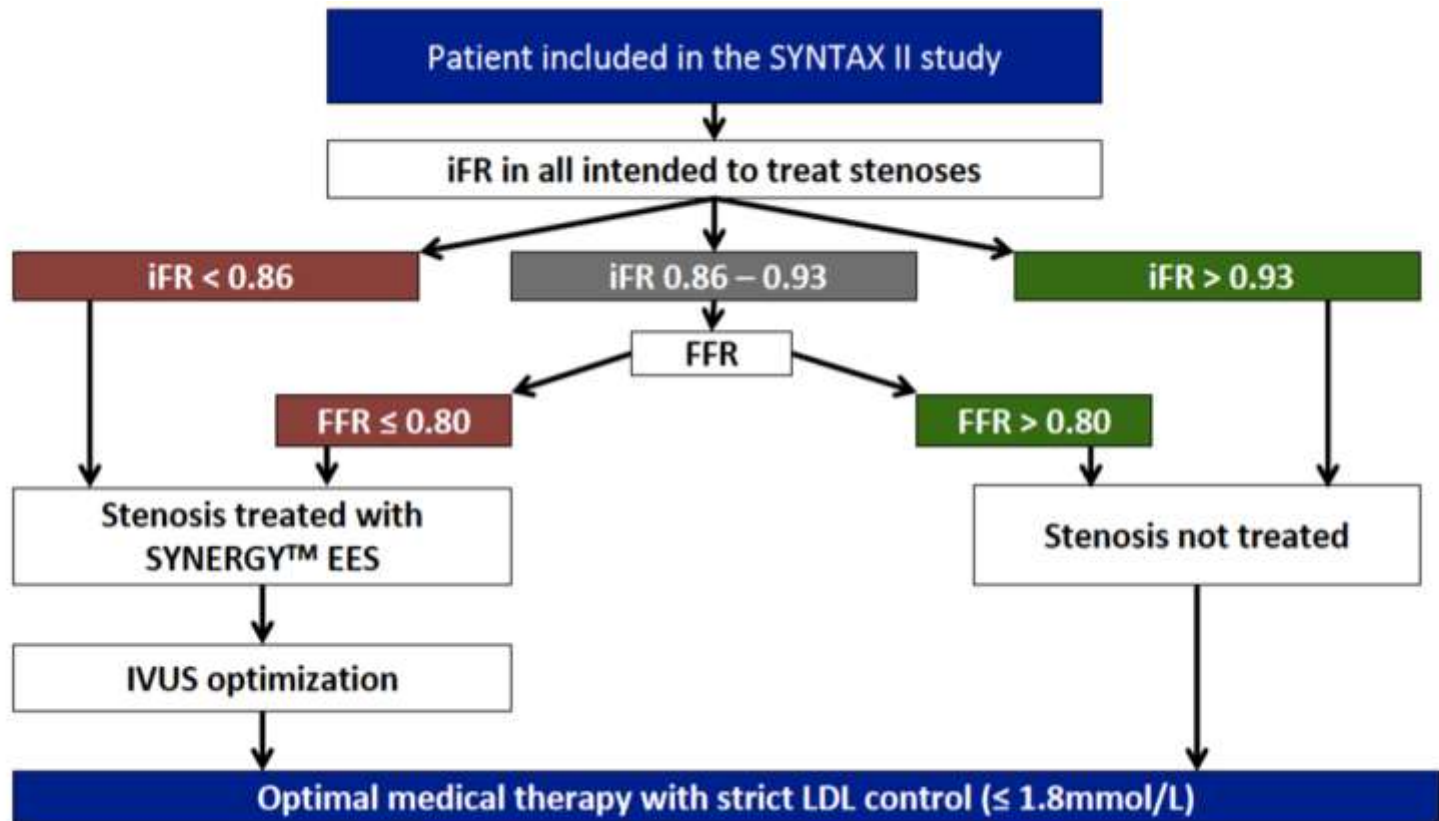
**FFR was used in only 9% of cases.**

No. at Risk	Month					
PCI	948	896	875	850	784	445
CABG	957	868	836	817	763	468



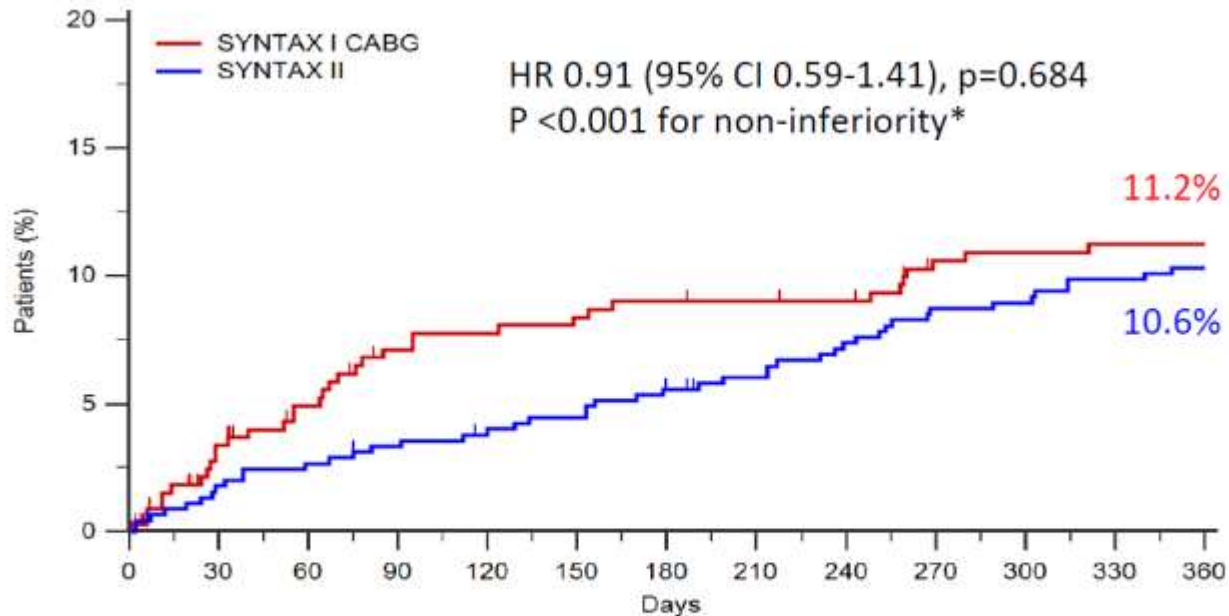
# SYNTAX II

*Single arm study comparing physiology guided PCI to historical control*



# SYNTAX II

*Single arm study comparing physiology guided PCI to historical control*

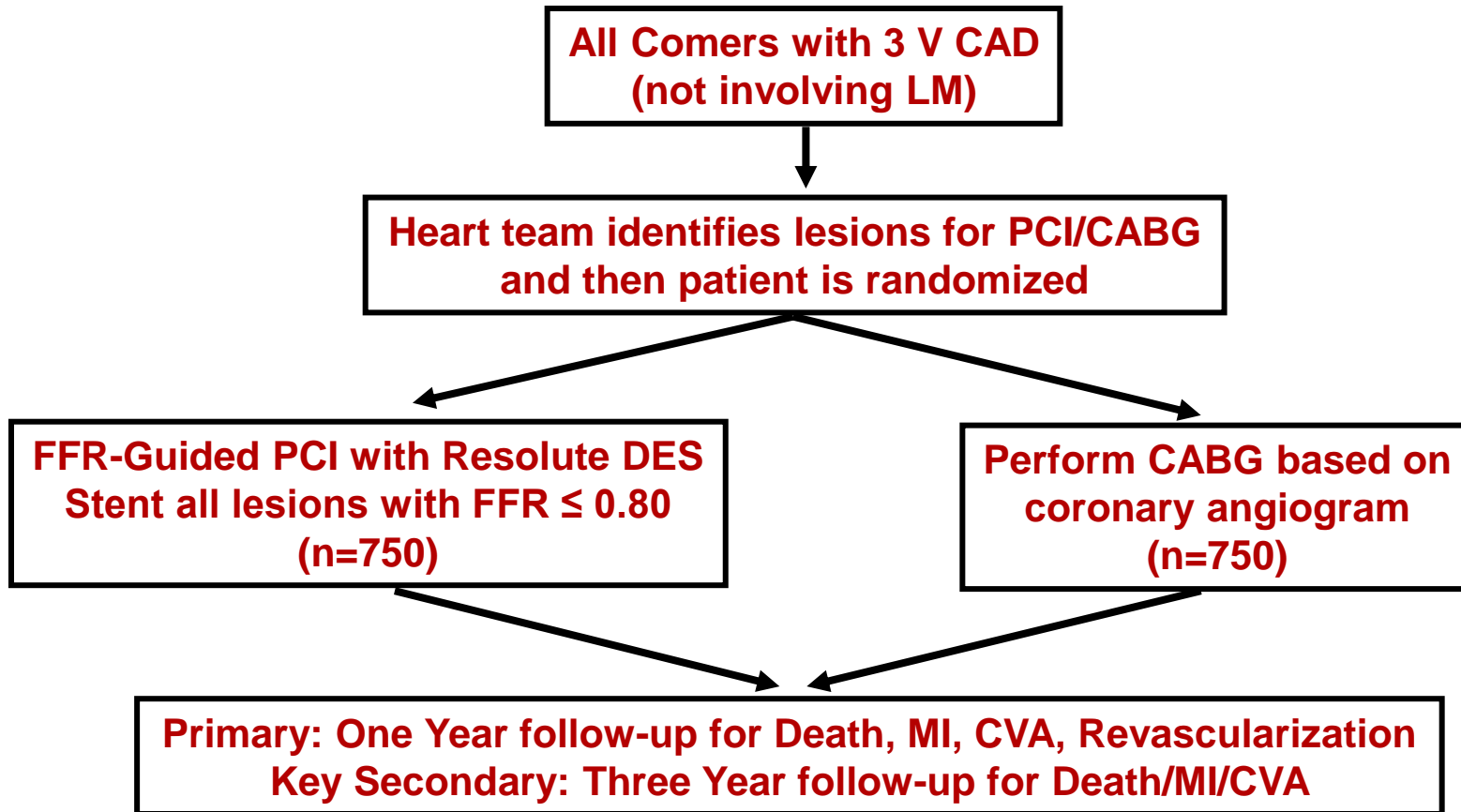


SYNTAX I CABG	334	313	304	295	293	291	289	288	287	279	278	277	277
SYNTAX II	450	441	437	433	429	427	421	417	411	405	404	400	398

\*Non-inferiority margin of 5% with a one-sided alpha of 5%



# FAME 3 Trial



**Non-inferior Design**



# Conclusions

- After functionally complete revascularization, the residual, functionally insignificant lesions do not increase the risk for MACE, even in ACS patients.
- Functional significance is a stronger predictor of cardiac events than angiographic appearance.
- The Functional SYNTAX Score is being tested prospectively in the FAME 3 trial comparing FFR-guided PCI to CABG.

